

DAPHNE C. WATKINS, PHD

Current Appointments

Associate Professor of Social Work
School of Social Work, University of Michigan

Director of the Joint PhD Program in Social Work and Social Science
School of Social Work, University of Michigan

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EDUCATION/TRAINING

1999 - 2002

Bachelor of Arts (B.A.)
Major: Anthropology; Minor: French
Concentration: Anthropology of Gender
College of Arts and Sciences
University of North Carolina at Wilmington; Wilmington, North Carolina

2003 - 2006

Doctor of Philosophy (Ph.D.)
Doctorate in Health Education
Concentration: Gender and Mental Health
College of Education and Human Development
Texas A&M University; College Station, Texas
Dissertation title: *Life Events and their Impact on the Mental Health of Young Black Men: A Qualitative and Quantitative Study*

2006 - 2007

National Institute of Mental Health (NIMH) T32 Postdoctoral Fellowship
“Psychosocial Factors in Mental Health and Illness”
Institute for Social Research, Survey Research Center
University of Michigan, Ann Arbor, Michigan

2007 - 2009

National Institutes of Health (NIH) K12 Career Development Award
Building Interdisciplinary Research Careers in Women’s Health (BIRCWH)
Department of Obstetrics & Gynecology
University of Michigan Health System, Ann Arbor, Michigan

SELECTED AWARDS AND ACHIEVEMENTS

2006-2007	Fellow , Psychosocial Factors in Mental Health and Illness Seminar, Sponsored by the National Institute of Mental Health (NIMH) Training Grant 5T32 MH 016806-25, University of Michigan, Ann Arbor, Michigan
2007-2008	Recipient , Robert Wood Johnson Foundation, New Connections Initiative Award
2007-2008	Mentee , African American Mental Health Research Scientist (AAMHRS) Consortium National Institutes of Mental Health (NIMH) Grant-Mentoring Program
2007-2009	Awardee , National Institutes of Health (NIH) Health Disparities Loan Repayment Program (LRP)
2007-2009	Scholar , National Institutes of Health Building Interdisciplinary Careers in Women's Health (BIRCWH), The University of Michigan Medical School, Ann Arbor, MI
2010-2012	Finalist , Professor of the Year, University of Michigan School of Social Work, Ann Arbor, MI
2012-2014	Awardee , National Institutes of Health (NIH) Health Disparities Loan Repayment Program (LRP)
2012-2014	Scholar , Advanced Research Institute in Geriatric Mental Health, Cornell Medical Center
2013-2015	Member , American Psychological Association (APA) National Working Group on Health Disparities in Boys and Men
2014	Awardee , Phil Jenkins Award for Innovation in Depression Treatment, University of Michigan Comprehensive Depression Center, Ann Arbor, MI
2017	Project Winner , Crowd Favorite, University of Michigan FastForward Medical Innovations Program (for the YBMen Project), Ann Arbor, MI
2017	Project Winner , Health IT, University of Michigan FastForward Medical Innovations Program (for the YBMen Project), Ann Arbor, MI
2017	Fellow , Saint Louis University Health Criminology Research Consortium (HCRC)
2017	Scholar , Named #18 of 25 African American Faculty at Top Schools of Social Work in <i>Research on Social Work Practice</i> .

ADMINISTRATIVE APPOINTMENTS

- 7/2009 – present **Director**, Gender and Health Research Lab, School of Social Work, University of Michigan, Ann Arbor, Michigan

- 5/2013 – present **Director**, Certificate Program in Mixed Methods Research, School of Social Work Continuing Education Office, University of Michigan, Ann Arbor, Michigan

- 1/2017 – present **Director**, Joint Doctoral Program in Social Work and Social Science, School of Social Work, University of Michigan, Ann Arbor, Michigan

ACADEMIC APPOINTMENTS

- 7/2006 – 6/2007 **Research Fellow**, Survey Research Center, Institute for Social Research. The University of Michigan, Ann Arbor, Michigan

- 7/2007 – 8/2009 **Research Investigator**, Program for Research on Black Americans Institute for Social Research, University of Michigan, Ann Arbor, Michigan

- 7/2007 – 8/2009 **Research Investigator**, Department of Obstetrics and Gynecology, University of Michigan Health System, Ann Arbor, Michigan

- 9/2009 – 8/2015 **Assistant Professor**, School of Social Work, University of Michigan, Ann Arbor, Michigan

- 1/2007 – present **Faculty Associate**, University of Michigan Depression Center, Ann Arbor, Michigan

- 9/2009 – present **Faculty Associate**, Research Center for Group Dynamics, Program for Research on Black Americans, Institute for Social Research, University of Michigan

- 9/2015 – present **Program Faculty**, Michigan Mixed Methods Research and Scholarship Program, Department of Family Medicine, Ann Arbor, Michigan

- 9/2015 – present **Associate Professor** (with tenure), School of Social Work, University of Michigan, Ann Arbor, Michigan

- 9/2017 – present **Affiliated Faculty**, Gender and Feminist Psychology Area, Department of Psychology, University of Michigan, Ann Arbor, Michigan

RESEARCH INTERESTS

- Race, Gender, and Health Mental Health
- Men and Masculinity Behavioral Interventions

PUBLICATIONS

* Denotes a student or trainee at the time of the work.

Peer-reviewed Journal Articles (22 first author)

1. **Watkins, D. C.**, Rivers, D., Rowell, K., Green, B. L., & Rivers, B. M. (2006). A closer look at effect sizes and their relevance to health education. *American Journal of Health Education, 37*(2):103-108.
2. **Watkins, D. C.**, Green, B. L., Rivers, B. M., & Rowell, K. L. (2006). Depression in black men: Implications for future research. *Journal of Men's Health and Gender, 3*(3): 227-235.
3. **Watkins, D. C.** (2006). The depressive symptomatology of black college men: Preliminary findings. *Californian Journal of Health Promotion, 4*(3): 187-197.
4. **Watkins, D. C.** & Neighbors, H. W. (2007). An initial exploration of what 'mental health' means to young black men. *Journal of Men's Health and Gender, 4*(3): 271-282.
5. **Watkins, D. C.**, Green, B. L., Goodson, P., Guidry, J., & Stanley, C. A. (2007). Using focus groups to explore the stressful life events of black college men. *Journal of College Student Development, 48*(1): 105-118.
6. Samuel-Hodge, C., **Watkins, D. C.**, Rowell, K. L., & Hooten, E. (2008). Coping styles, well-being, and self-care behaviors among African Americans with type 2 diabetes. *The Diabetes Educator, 34*(3): 501-510. DOI: 10.1177/0145721708316946. PMID: 18535323
7. Perron, B., Alexander-Eitzman, B., **Watkins, D. C.**, Taylor, R. J., Baser, R., Neighbors, H. W., & Jackson, J. S. (2009). Ethnic differences in delays to treatment for substance use disorders: African Americans, Caribbean Blacks, and Non-Hispanic Whites. *Journal of Psychoactive Drugs, 41*(4): 369-377.
8. Wallace, P. M., **Watkins, D. C.**, & Dixon-Terry, E. (2010). Be it resolved: Writing resolutions to influence health policy. *Health Promotion Practice, 11*(1): 9-12. DOI: 10.1177/1524839909353024 PMID: 20038647
9. **Watkins, D. C.**, Walker, R. L., & Griffith, D. M. (2010). A meta-study of black male mental health and well-being. *Journal of Black Psychology, 36*(3): 303-330.
10. **Watkins, D. C.**, *Hudson, D. L., Caldwell, C. H., Siefert, K., Jackson, J. S. (2011). Discrimination, mastery, and depressive symptoms among African American men. *Research on Social Work Practice, 21*(3): 269-277.
11. Lincoln, K. D., Taylor, R. J., **Watkins, D. C.**, Chatters, L. (2011). Correlates of psychological distress and major depressive disorder among African American men. *Research on Social Work Practice, 21*(3): 278-288. PMID: 21666885
12. **Watkins, D.C.**, *Johnson-Lawrence, V, & Griffith D. M. (2011). Men and their father figures: Exploring racial and ethnic differences across mental health outcomes. *Race and Social Problems, 3*(3): 197-211.

13. **Watkins, D. C.**, *Smith, L.C., Kerber, K., Kuebler, J., & Himle, J. (2011). E-mail as a depression self-management tool: A needs assessment to determine patients' interests and preferences. *Journal of Telemedicine and Telecare*, 17(7): 378-381. DOI: 10.1258/jtt.2011.110105. PMID: 21933895
14. **Watkins, D. C.** (2012). Qualitative research: The importance of conducting research that doesn't 'count.' *Health Promotion Practice*, 13(2): 153-158. DOI: 10.1177/1524839912437370. PMID: 22382490
15. **Watkins, D. C.** (2012). Depression over the adult life course for African American men: Toward a framework for research and practice. *American Journal of Men's Health*, 6(3): 194-210. DOI: 10.1177/1557988311424072. PMID: 22105067
16. Griffith, D. M., Gunter, K. E., & **Watkins D.C.** (2012). Measuring masculinity in research on men of color: Findings and future directions. *American Journal of Public Health*, 102: S187–S194. DOI:10.2105/AJPH. 2012.300715 PMID: 22401519
17. **Watkins, D. C.**, *Hunt, J., & Eisenberg, D. (2012). Increased demand for mental health services on college campuses: Perspective from administrators. *Qualitative Social Work*, 11(3): 319-337.
18. **Watkins, D.C.**, & *Hartfield, J. A. (2012). Health education for social workers: A primer. *Social Work in Health Care*, 51(8): 680-694. DOI: 10.1080/00981389.2012.686474. PMID: 22967020
19. *Hunt, J., **Watkins, D. C.**, & Eisenberg, D. (2012). How do college campuses make decisions about allocating resources for student mental health? Findings from key participant interviews at 10 campuses. *Journal of College Student Development*, 44(1), 1-15.
20. **Watkins, D. C.**, Pittman, C., & *Walsh, M. (2013). The effects of psychological distress, work, and family stressors on child behavior problems. *Journal of Comparative Family Studies*, 44(1): 1-16.
21. Do, D. P., **Watkins, D. C.**, Heron, M., Hiemeyer, M., & Finch, B. K. (2013). The relationship between height and neighborhood context across racial/ethnic groups: A multi-level analysis of the 1999-2004 National Health and Nutrition Examination Survey. *Economics and Human Biology*, 11(1): 30-41. DOI: 10.1016/j.ehb.2012.01.003. PMID: 22613511
22. Mitchell, J. A., *Hawkins, J., & **Watkins, D. C.** (2013). Factors associated with cancer family history communication between African American men and their relatives. *Journal of Men's Studies*, 21(2): 97-111.
23. Mitchell, J. A., **Watkins, D.C.**, & Modlin, C. (2013). Social determinants associated with colorectal cancer screening among an urban sample of African American men. *Journal of Men's Health*. doi.org/10.1016/j.jomh.2012. 09.003
24. **Watkins, D.C.**, Abelson, J. M., & *Jefferson, S. O. (2013). 'Their depression is something different... it would have to be:' Findings from a qualitative study of black women's perceptions of black men's depression. *American Journal of Men's Health*, 7(4S): 42-54. DOI: 10.1177/1557988313493697
25. Johnson-Lawrence, V. D., Griffith, D. M., & **Watkins, D.C.** (2013). The effects of race, ethnicity and mood/anxiety disorders on the chronic physical health conditions of men from a national sample. *American Journal of Men's Health*. 7(4S): 58-67. DOI: 10.1177/1557988313484960

26. **Watkins, D. C.,** & *Jefferson, S. O. (2013). Recommendations for the use of online social support for African American men. *Psychological Services, 10*(3), 323-332. PMID: 22924797
27. Mitchell, J. A., *Shires, D., Thompson, H., **Watkins, D.C.,** & Modlin, C. (2014). Disparities in health-related Internet use among African American men, 2010. *Preventing Chronic Disease, 11*:130217. DOI: <http://dx.doi.org/10.5888/pcd11.130217>.
28. **Watkins, D. C.,** *Hawkins, J., & Mitchell, J. A. (2015). The discipline's escalating whisper: Social work and black men's mental health. *Research on Social Work Practice, 25*(2), 240-250.
29. Assari, S., **Watkins, D. C.,** & Caldwell, C. H. (2015). Multiplicative effects of discrimination and race attribution on depression among blacks: The role of gender and ethnicity. *Journal of Racial and Ethnic Health Disparities, 1*-11. DOI: 10.1007/s40615-014-0064-9
30. Piette, J. D., Valenstein, M., Eisenberg, D., Fetters, M. D., Saunders, D., Sen, A., **Watkins, D. C.,** & Aikens, J. E. (2015). Rationale and methods of a trial to evaluate a depression tele-monitoring program that includes a patient-selected support person. *Journal of Clinical Trials, 5*(1), 1-8.
31. *Hawkins, J., **Watkins, D. C.,** Kieffer, E., Spencer, M., Espitia, N., Sinco, B., & Anderson, M. (2015). Structural and psychosocial factors that influence health care use and self-management for African American and Latino men with type 2 diabetes: An exploratory study. *Journal of Men's Studies, 23*(2), 161-176.
32. **Watkins, D.C.,** Assari, S., & Johnson-Lawrence, V. (2015). Race and ethnic differences in comorbid psychiatric disorders with chronic medical conditions. *Journal of Racial and Ethnic Health Disparities, 2*(3), 385-394.
33. Cook, S. H., **Watkins, D. C.,** Calebs, B. J., & Wilson, P.A. (2016). Attachment orientation and sexual risk behavior among young Black gay and bisexual men. *Psychology and Sexuality, 7*(3): 177-196. DOI: 10.1080/19419899.2016.1168312
34. Hawkins, J., **Watkins, D.C.,** Bonner, T., & Thompson, T.L. (2016). Racial/ethnic differences in predictors of mental health treatment in persons with comorbid diabetes and depression. *Social Work and Public Health, 31*(6): 511-519.
35. *Jefferson, S. O., **Watkins, D. C.,** & Mitchell, J.A. (2016). The retrospective roles of black women in the coddling of black boys. *Journal of Cultural and Ethnic Diversity in Social Work, 25*(3), 173-192.
36. *Jäggi, L. J., Mezuk, B., **Watkins, D. C.,** & Jackson, J. S. (2016). The relationship between trauma, arrest and incarceration history among black Americans: Findings from the National Survey of American Life. *Society and Mental Health, 6*(3): 187-206.
37. *Thompson, T. L., **Watkins, D. C.,** & Johnson-Lawrence, V. D. (2016). Masculinity, socioeconomic status, and self-rated health among African American men. *Spectrum: A Journal on Black Men, 4*(2), 61-81.
38. Mitchell, J. A., **Watkins, D. C.,** *Shires, D., Chapman, R., & Burnett, J. (2017). Clues to the blues: Predictors of self-reported mental and emotional health among older African American men. *American Journal of Men's Health, 11*(5): 1366-1375. DOI: 10.1177/1557988315600064

39. Redmond, M. L., **Watkins, D. C.**, Broman, C., Abelson, J. M., & Neighbors, H. W. (2017). Ethnic and gender differences in help seeking for substance disorders among Black Americans. *Journal of Racial and Ethnic Health Disparities*, 4(2): 308-316. DOI: 10.1007/s40615-016-0230-3
40. **Watkins, D. C.**, *Allen, J. O., *Goodwill, J. R., & *Noel, B. (2017). Strengths and weaknesses of the Young Black Men, Masculinities, and Mental Health (YBMen) Facebook Project. *American Journal of Orthopsychiatry*, 87(4), 392-401. PMID: 27977287 DOI: 10.1037/ort0000229
41. *Thompson, T. L., Mitchell, J. A., Johnson-Lawrence, V. D., **Watkins, D. C.**, & Modlin, C. (2017). Self-rated health and health care access associated with African American men's health self-efficacy. *American Journal of Men's Health*, 11(5): 1385-1387. DOI: 10.1177/1557988315598555
42. Barry, A. E., *Jackson, Z., **Watkins, D. C.**, *Goodwill, J. R., & Hunte, H. E. (2017). Alcohol use and mental health conditions among black college males: Do those attending postsecondary minority institutions fare better than those at primarily white institutions? *American Journal of Men's Health*, 11(4) 962–968. DOI: 10.1177/1557988316674840. PMID: 27807223
43. Kales, H. C., Gitlin, L. N., Stanislawski, B., Marx, K., Turnwald, M., **Watkins, D.C.**, & Lyketsos, C. G. (2017). WeCareAdvisor™: The development of a caregiver-focused, web-based program to assess and manage behavioral and psychological symptoms of dementia. *Alzheimer Disease & Associated Disorders - An International Journal*, 31(3): 263-270.
44. **Watkins, D. C.**, *Wharton, T., Mitchell, J. A., Matusko, N., Kales, H. (2017). Perceptions and receptivity of non-spousal family support: A mixed methods study of psychological distress among older, church-going African American men. *Journal of Mixed Methods Research*, 11(4): 487-509. DOI: 10.1177/1558689815622707
45. Werner, N. E., Stanislawski, B., Marx, K., **Watkins, D. C.**, Kobayashi, M., Kales, H. C., & Gitlin, L. N. (2017). Getting what they need when they need it: Identifying barriers to information needs of family caregivers to manage dementia-related behavioral symptoms. *Applied Clinical Informatics*, 8:191-205.
46. Hawkins, J., **Watkins, D. C.**, Kieffer, E., Spencer, M., Piatt, G., Nicklett, E. J., Lebron, A., Espitia, N., & Palmisano, G. (2017). An exploratory study of the impact of gender on health behavior among African American and Latino men with Type 2 Diabetes. *American Journal of Men's Health*, 11(2):344-356. DOI: 10.1177/1557988316681125
47. Guetterman, T. C., Creswell, J. W., Wittink, M., Barg, F. K., Castro, F. G., Dahlberg, B., **Watkins, D. C.**, Deutsch, C., & Gallo, J. J. (2017). Development of a self-rated mixed methods skills assessment: The NIH Mixed Methods Research Training Program for the Health Sciences. *Journal of Continuing Education in the Health Sciences*, 37(2), 76-82.
48. *Akinyemi, E., **Watkins, D. C.**, Kavanagh, J., Johnson-Lawrence, V.D., Lynn, S., & Kales, H. C. (2017). A qualitative comparison of DSM depression criteria to language used by older church-going African Americans. *Aging and Mental Health*, 14:1-7.
49. *Gerlach, L., Kavanagh, J., **Watkins, D.**, Chiang, C., Kim, H., & Kales, H. (2017). With a little help from my friends?: Racial and gender differences in the role of social support in later-life depression medication adherence. *International Psychogeriatrics*, 1-9. DOI:10.1017/S104161021700076X

50. **Watkins, D.C.** (2017). Rapid and rigorous qualitative data analysis: The RADaR technique for applied research. *International Journal of Qualitative Methods*, 16(1):1-9. DOI: 10.1177/1609406917712131
51. *Wharton, T., **Watkins, D. C.**, Mitchell, J. A., & Kales, H. C. (2018). Older, Church-going African-Americans' Attitudes and Expectations about Formal Depression Care. *Research on Aging*, 40(1): 3-26. DOI: 10.1177/0164027516675666. PMID: 27784820
52. **Watkins, D. C.** & *Johnson, N. C. (2018). Age and gender differences in psychological distress among African Americans and Whites: Findings from the 2016 National Health Interview Survey. *Healthcare*, 6(1): 1-11. DOI:10.3390/healthcare6010006
53. *Goodwill, J. R., **Watkins, D. C.**, *Johnson, N. C., & *Allen, J. O. (In Press). An exploratory study of coping among young Black men who experience life stressors and mental health challenges. *American Journal of Orthopsychiatry*.
54. *Anyiwo, N., *Banales, J., Rowley, S., **Watkins, D.C.**, & Richards-Schuster, K. (In Press). Racial messages and social change: Considering the sociocultural influences in the sociopolitical development of black youth. *Child Development Perspectives*.

Peer-reviewed Abstracts and Volume Sections (10 first author)

1. **Watkins, D. C.** (2004). *Life expectancy*. In James, Delores, (Ed.) Nutrition and Well-Being A to Z, Volume 2. Detroit, Michigan: Macmillan Reference USA, page 28.
2. **Watkins, D. C.** (2004). *Osteopenia*. In James, Delores, (Ed.) Nutrition and Well-Being A to Z, Volume 2. Detroit, Michigan: Macmillan Reference USA, page 122.
3. **Watkins, D. C.** (2004). *Smoking*. In James, Delores, (Ed.) Nutrition and Well-Being A to Z, Volume 2. Detroit, Michigan: Macmillan Reference USA, page 198.
4. **Watkins, D. C.** (2008). *Health encyclopedia: Life expectancy*. AARP.org Accessed from: <http://symptomchecker.aarp.org/galecontent/life-expectancy>, [Reprint].
5. **Watkins, D. C.** (2008). *Smoking*. In Darity, William A., (Ed) International Encyclopedia of the Social Sciences, 2nd edition, Macmillan Reference USA / Thomson Gale, pages 559-562.
6. **Watkins, D. C.**, & Johnson, T. R. B. (2008). The gender specification and cultural sensitivity of depression research with black Americans: A multidimensional model. *Journal of Women's Health*, 17(8): 1230-1231.
7. *Akinyemi, E., **Watkins, D. C.**, Lynn, S., Kavanagh, J., Kales, H.C. (2012). Attitudes of church-going older African Americans to depression and depression care. *American Journal of Geriatric Psychiatry*, 20(3): S121-S157. DOI: 10.1097/01.JGP.0000413064.91948.aa
8. **Watkins, D. C.** (2013). Qualitative research: The importance of conducting research that doesn't 'count.' In *Tools of the Trade: Tools for Translating Health Education Theory into Practice*. Editors KD Goldman & KJ Schmalz. Society for Public Health Education. Washington, DC.

9. Wallace, P. M., **Watkins, D. C.**, & Dixon-Terry, E. (2013). Be it resolved: Writing resolutions to influence health policy. In *Tools of the Trade: Tools for Translating Health Education Theory into Practice*. Eds. KD Goldman & KJ Schmalz. Society for Public Health Education. Washington, DC.
10. **Watkins, D. C.** & Goodwill, J. R. (2017). Men's health. *The SAGE Encyclopedia of Psychology and Gender*. Pages 1157-1160. Editor, Kevin L. Nadal. SAGE Publications: Thousand Oaks, CA.
11. **Watkins, D. C.** (2017). Men's studies. *The SAGE Encyclopedia of Psychology and Gender*. Pages 1167-1169. Editor, Kevin L. Nadal. SAGE Publications: Thousand Oaks, CA
12. **Watkins, D. C.** (2017). *Mixed methods research in social work*. Encyclopedia of Social Work Online. Oxford University Press.
13. Powell, W., Blume, A., Cook, S., Courtenay, W., Griffith, D., Halkitis, P., Johnson, W., Mankowski, E., Quinones-Maldonado, R., Thorpe, R. J., & **Watkins, D. C.** (2017). *The American Psychological Association working group report on health disparities in boys and men*. American Psychological Association. [Report; Authors #2 - #11 are listed in alphabetical order]

Books (2 first author)

1. **Watkins, D. C.** & Gioia, D. (2015). *Mixed methods research*. Pocket Guides to Social Work Research Methods Series. Oxford University Press: New York, NY. ISBN 9780199747450. [One of only two books published on mixed methods research in social work.]
2. **Watkins, D. C.** (Under Contract). *Mixed methods research using secondary data sources*. Mixed Methods Research Series. Editors: V.L. Plano-Clark and N. Ivankova, SAGE Publications: Thousand Oaks, CA. [Book Contract Signed on December 30, 2016]

Books Chapters (3 first author)

1. Green, B. L, Lewis, R. K., & **Watkins, D. C.** (2005). Chapter 9: Responding to the needs of a diverse population: The need for diversity in health. In *Diversity and Public Administration: Theory, Issues, and Perspectives*, Edited by: M.F. Rice, M. E. Sharpe, New York, pages 153-176.
2. **Watkins, D. C.** & Neighbors, H. W. (2012). Social determinants of depression and the black male experience, In *Social determinants of health among African-American men*, Edited by H. M. Treadwell, C. Xanthos, & K. B. Holden, (pp 39-62). Jossey-Bass Publishers. ISBN: 978-0-470-93110-3
3. **Watkins, D. C.** & *Hawkins, J. (2015). Qualitative evidence in health promotion. In *Handbook of Qualitative Health Research for Evidence-Based Practice*, Edited by K. Olson, R. Young, I. Z. Schultz. New York, NY: Springer Publishers.
4. Brewton-Tiayon, S., **Watkins, D. C.**, Jackson, J.S. (2015). Late-life depression among black Americans. In *Prevention of Late-Life Depression: Current Clinical Challenges and Priorities*, Edited by O.I. Okereke. New York, NY: Springer Publishers.
5. **Watkins, D. C.** & Goodwill, J. R. (In progress). Men's disparities in depression, trauma, and suicide. In Griffith et al. Men's Health Disparities.

Non-Peer Reviewed Reports, Book Reviews, Guest Editorials and Manuals (8 first author)

1. Green, B. L., Rivers, B. M., **Watkins, D. C.**, & House, S. (2004). Decisions about prostate cancer treatment: Issues for consideration in developing decision support materials. A White Paper contracted by National Cancer Institute (NCI), Office of Education and Special Initiatives. [White Paper]
2. **Watkins, D. C.**, & Wallace, P.M. (2008). Society for Public Health Education (SOPHE) Resolutions Committee Policies and Procedures Manual. [Manual]
3. **Watkins, D. C.**, Tolma, E. & Wallace, P.M. (December, 2010). Society for Public Health (SOPHE) Approved Resolution Review and Archiving System. [Report]
4. **Watkins, D.C.** & Griffith, D.M. (2013). *Practical solutions to addressing men's health disparities*: Guest Editorial. Special Issue on the "Practical Solutions to Address Men's Health Disparities." *International Journal of Men's Health*, 12(3): 187-194. [Editorial]
5. **Watkins, D. C.** (2014). *Publish and Prosper: A strategy guide for students and researchers*, by N. M. Lambert. *Research on Social Work Practice*, 24(4), 503 - 505. [Book review]
6. **Watkins, D. C.**, & Griffith, D. M. (2014). *Mental health promotion programs: A scoping review of men's mental health promotion programs in the United States*. Movember Foundation and the Centre for Men's Health at Leeds University, London, UK. [Report]
7. **Watkins, D. C.**, Patton, D. U., & Miller, R. M. (2016). Introduction to the special issue on the intersections of race, gender, and class in the wake of a national crisis: The state of Black boys and men post-Ferguson Guest Editorial: Special Issue. *Journal of Men's Studies*, 24(2), 119-129. [Editorial]
8. **Watkins, D. C.**, Mitchell, J. A., Hawkins, J., & Mouzon, D. M. (2017). A field scan of physical and mental health interventions for adult Black men in the United States. Commissioned report submitted to RISE for Boys and Men of Color. University of Pennsylvania. [Report]
9. **Watkins, D. C.**, et al. (*In progress*). The Young Black Men, Masculinities, and Mental Health (YBMen) Project: A Manual for Implementation and Evaluation. [Manual]

Unpublished Papers – Revise and Resubmit

1. *Goodwill, J.R., *Anyiwo, N., *Williams, E.G., *Johnson, N.C., Mattis, J., & **Watkins, D. C.** (Revise & Resubmit). Media representations of popular culture and the construction of Black masculinities. *Psychology of Men and Masculinity*.
2. Mouzon, D. M., **Watkins, D.C.**, Perry, R., Simpson, T. M., Mitchell, J. A. (Revise & Resubmit). Intergenerational mobility and goal-striving stress among black Americans: The roles of ethnicity and nativity status. *Journal of Immigrant and Minority Health*.

Unpublished Papers – Works in progress

1. **Watkins, D. C.** & *Johnson, N. C. (In progress). *A masculinity and mental health scale for young Black men: Findings from an Exploratory Factor Analysis*.

2. **Watkins, D. C.**, *Goodwill, J. R., *Williams, E. G., *Anyiwo, N., & *Johnson, N. C. (In progress). *Facebook as a tool for health education and social support: The Young Black Men, Masculinities, and Mental Health (YBMen) Project.*
3. **Watkins, D. C.** (In progress). *Using secondary data in mixed methods research: The endless possibilities.*

RESEARCH SUPPORT AND FUNDING

Currently Active

Principal Investigator, Robert Wood Johnson Foundation (via the Stephen C. Legacy Foundation), *“Using Facebook to Improve Mental health and Masculine Norms for Black College Men at Midwest Institutions.”* Dates: 7/1/17-6/30/18, (\$30,000).

Consultant, National Institutes of Health (NIH), K01AG056557, *“Style and Substance: Characterizing Dementia Caregiving Styles and Associated Biopsychosocial and Health Services Utilization Outcomes,”* Principal Investigator: Amanda Leggett, Dates: 9/1/17 – 8/30/22, (\$128,520).

Under Review

Co-Investigator, National Institutes of General Medical Sciences (NIGMS), [Submission date: January 2018], NIGMS R25 - *“Mixed Methods Training for Emerging Technology in Behavioral and Clinical Research,”* Dates: 12/1/2018 - 11/30/23.

Principal Investigator, W. K. Kellogg Foundation, [Submission date: January 2018], *“An Equity Focused Analysis of Professional Networks in Health Research,”* Dates: 2/15/18 - 5/31/19.

Under Development

Principal Investigator, Robert Wood Johnson Foundation, Culture of Health Leaders, [Submission date: February 2018], Dates: 9/1/2018 – 8/31/2019.

Principal Investigator, Department of Community Health Services, University of Michigan Health System, [Submission date: February 2018], Dates: 7/1/2018 – 6/30/2020.

Principal Investigator, National Institute of Minority Health and Health Disparities (NIMHD), [Resubmission date: June 2018], NIMHD R01 - *“Using Facebook to Improve Mental Health and Masculine Norms for Young Black Men.”* Dates: 7/1/19 – 6/30/22.

Summary of Previous Grants

1. **Graduate Research Assistant**, National Center on Minority Health and Health Disparities, 1R24MD000510-01, *“Reducing Health Disparities through Risk Reduction,”* Principal Investigator: Bernard Lee Green, Dates: 10/01/03 - 9/31/06, (\$1.1 million).

2. **Principal Investigator**, Robert Wood Johnson Foundation New Connections, *“Examining the Influence of Psychosocial Factors on the Mental Health of Black Men,”* Dates: 9/1/07 - 8/31/08, (\$55,000).
3. **Principal Investigator (Institutional K- Award)**, National Institutes of Health, NIH-K12-HD001438, *“University of Michigan Dept. of Obstetrics & Gynecology, Building Interdisciplinary Research Careers in Women’s Health (BIRCWH) Program,”* Principal Investigator: Timothy R. B. Johnson, Dates: 7/1/07 - 8/31/09, (\$175,000).
4. **Co-Investigator**, University of Michigan Comprehensive Depression Center, *“Developing and testing the ‘E-Minder’ System: A Personalized Self-management Resource for Depression Patients”* Principal Investigator: Kevin Kerber, Dates: 9/1/08 - 8/29/09, (\$10,000).
5. **Co-Investigator**, Robert Wood Johnson Foundation Transitions Award, *“Man up, Man down! Overcoming the Risk of Self-reliance in Depressed African American Men,”* Principal Investigator: Harold W. Neighbors, Dates: 7/1/09 - 12/31/10, (\$100,000).
6. **Principal Investigator**, University of Michigan Institute for Research on Women and Gender (IRWG) *“Women are from Venus, but what can they tell us about Mars? Black women’s perceptions of black men’s depression,”* Dates: 10/1/09 – 6/30/11, (\$10,000).
7. **Consultant**, Susan Thomas Buffett Foundation, Family Planning Fellowship, *“Michigan women’s reproductive decision-making during an economic recession,”* Principal Investigator: Taida Wolfe, Dates: 6/1/10 - 5/30/11, (\$75,000).
8. **Principal Investigator (Pilot)**, National Institute on Aging, 5P30 - AG015281, Michigan Center for Urban African American Aging Research (MCUAAAR) Pilot Grant, *“Depressive Symptoms among Older African American Men: A Mixed Methods Study of Social and Cultural Contexts,”* Principal Investigator: James S. Jackson, Dates: 7/1/11 – 12/30/12, (\$25,000).
9. **Co-Investigator**, Michigan Institute for Clinical and Health Research (MICHR), UL1TR000433 - *“The Man Up Man Down Support Group Program: A Pilot Study to Develop a Depression Awareness Curriculum for African American Men,”* Principal Investigator: Harold W Neighbors, Dates: 1/1/13 - 12/31/13, (\$50,000).
10. **Research Scientist**, Michigan Department of Health and Human Services, *“Retooling Michigan’s Child Support Enforcement Program,”* Principal Investigator: Laura Lein, Dates: 10/1/11-9/30/14, (\$500,000).
11. **Principal Investigator**, The Vivian A. & James L. Curtis Research and Training Center, University of Michigan School of Social Work, *“Transitions to Adulthood for Black Males: Exploring Masculinities and Mental Health through an Online Community,”* Dates: 10/1/13 – 12/30/15, (\$15,000).
12. **Co-Investigator**, National Institute of Nursing Research (NINR), 1-R01-NR014200-01, *“An Innovative Caregiver Tool to Assess and Manage Behavioral Symptoms of Dementia,”* Co-Principal Investigators: Helen Kales & Laura Gitlin, Dates: 9/1/12 – 12/31/16, (\$1,729,215).
13. **Principal Investigator**, University of Michigan Depression Center, Phil Jenkins Award for Innovation in Depression Treatment, *“Depression in Black College Men: Tailoring an Intervention on Race, Masculinities, and Mood,”* Dates: 10/1/14 – 12/30/16, (\$10,000).

14. **Principal Investigator**, RISE for Boys and Men of Color [Foundation Grant], *“A Field Scan of Physical and Mental Health Interventions for Black Men in the United States,”* Dates 3/29/16 – 12/20/16, (\$40,000).
15. **Co-Investigator**, National Institutes of Mental Health (NIMH), 1-R01-MH-096699-01-A1, *“Tele-monitoring Enhanced Support for Depression Self-Management,”* Principal Investigator: James Aikens, Dates: 9/18/12 – 9/30/17, (\$2,972,481).

TEACHING INTERESTS

Mixed Methods Research	Research Methods
Gender and Health	Racial, Ethnic, and Gender Issues in Interventions

TEACHING EXPERIENCE

University of Michigan, School of Social Work (UM-SSW)

Masters Level

SW522- Basic Social Work Research

- Fall 2009, Winter 2010, Fall 2010, Winter 2011, Fall 2011, Winter 2015

SW683- Evaluation in Social Work

- Winter 2010, Fall 2010, Winter 2011, Fall 2011, Winter 2012

Doctoral Level

SW800 – Professional Seminar (Part 1)

- Fall 2017

SW800 – Professional Seminar (Part 2)

- Winter 2017, Winter 2018

SW814 - Community Interventions

- Fall 2014

SW816 - Racial, Ethnic, and Gender Issues in Intervention

- Fall 2013, Fall 2015

SW842 - Social Equality and Equity

- Winter 2012, Winter 2014

Continuing Education

Certificate Program in Mixed Methods Research (MMR)

- Summer 2013, 2015, 2016, 2017, 2018 (*anticipated*)

Capella University, School of Human Services

Masters Level

HS5006/CST5006- Survey of Research Methodology (Research Methods)

- Winter 2007 - Summer 2009 (7 Quarters)

Doctoral Level

HS8106- Epistemology of Practice Knowledge (Social and Behavioral Theory)

- Fall 2008 (1 Quarters)

Texas A&M University, Department of Health and Kinesiology

Undergraduate

Health 236 – Race, Ethnicity, and Health

- Spring 2004 & Spring 2005

ACADEMIC ADVISING & MENTORING

Primary PhD Advisor

Jaclynn Hawkins (SSW & Sociology, 2015)
Nkemka Anyiwo (SSW & Psychology)
Natasha C. Johnson (SSW & Psychology)
Julie Ober Allen (UM-Public Health, 2017)

Janelle Goodwill (SSW & Psychology)
Erin Lane (SSW & Sociology)
Yun Chen (SSW & Anthropology)

Preliminary Exam Committees

Antonette King (SSW, Member, 2010)
Janelle Goodwill (SSW, Chair, 2017)
Nkemka Anyiwo (SSW, Chair, 2016)
Ed-Dee Williams (SSW, Chair)

Charles Graham (SSW, Member, 2010)
Jaclynn Hawkins (SSW, Member, 2012)
Natasha Johnson (SSW, Chair, 2017)

Dissertation Committees, Member

Rosalyn D. Campbell (SSW & Sociology, 2012)
Patricia Tillman-Meakins (UM-Nursing, 2017)

Charles Graham (SSW & Psychology, 2014)
Fernanda Cross (UM-Psychology, in progress)

Dissertation Committees, Chair or Co-Chair

Jaclynn Hawkins (SSW & Sociology, 2015)
Nkemka Anyiwo (SSW & Psych, in progress)
Natasha Johnson (SSW & Psych, in progress)

Julie Ober Allen (UM-Public Health, 2017)
Janelle Goodwill (SSW & Psych, in progress)

Post-docs, Fellows, and Faculty Mentoring

Julie Ober Allen, PhD, MPH (NIA Postdoctoral Fellow, Institute for Social Research, U of Michigan)
Rosalyn D. Campbell, PhD, MSW (Assistant Professor, University of Georgia)
Charles Graham, PhD, MSW (Assistant Professor, Eastern Michigan University)
Jaclynn Hawkins, PhD, MSW (Assistant Professor, Michigan State University)
Vicki Johnson-Lawrence, PhD, MPH (Assistant Professor, Michigan State University-Flint, Flint)
Shanna Katz Kattari, PhD, MSW (Postdoctoral Fellow, University of Michigan)
Jamie A. Mitchell, PhD, MSW (Assistant Professor, University of Michigan)
Dawne Mouzon, PhD (Assistant Professor, Rutgers University -New Brunswick)
Hans Oh, PhD (Post-doctoral Fellow, UC Berkeley School of Public Health)
Charles R. Rogers, PhD (Postdoctoral Fellow, University of Minnesota)

PRESENTATIONS

Conference Presentations (Oral)

1. **Watkins, DC**, Rowell, K, Rivers, D, Green, BL, & Rivers, B. *The Limited Research on African American College Men and Depression: A Path to Solutions*, National Conference on Men's Health, Atlanta, Georgia, October 6-8, 2005.
2. Walker, A & **Watkins, DC**. *The Role of 'Believability' in Identifying Health Information Sources on College Campuses*, Southwest College Health Association (SWCHA) Annual Meeting- Regional Conference, Denton, Texas, October 27 & 28, 2005.
3. Green, BL, Dorman, S, Rivers, B, **Watkins, DC**, Rivers, D, & Rowell, K. *Development of a research center within an academic setting to coordinate and build infrastructure to conduct health disparities research*. American Public Health Association, Philadelphia, PA, Dec 2005.
4. Rivers, B, Green, BL, Rowell, K, **Watkins, DC**, Rivers, D, & Robledo, M. *A trans-disciplinary approach to career development and training of health disparities researchers*, American Public Health Association, Philadelphia, PA, December 10-14, 2005.
5. Buhi, L, Green, BL, Rivers, B, McWhinney, S, Dorman, S, & **Watkins, DC**, *Collaboration between a research institution, federally qualified health center, and historically black university: A necessary, yet challenging endeavor*. American Public Health Association, Philadelphia, PA, December 10-14, 2005.
6. **Watkins, DC**, Sharf, B, Rowell, K, Rivers, D, Roberts-Perez, S, Sarabia, M, Green, BL, Buhi, L, Rivers, B, & Robledo, M. *Hearing their voices: Issues that affect patient health literacy*. Society for Public Health Education Mid-year Scientific Conference. Las Vegas, May 5-7, 2006.
7. Honore, H, Delissaint, D, Davis, NK, & **Watkins, DC**, Arekere, D, Green, BL, & Rivers, B. *Collaboration between Health Educators and Social Workers: Better for Clients, Better for Professionals*. American Public Health Association, Boston, MA, November 4-8, 2006.
8. **Watkins, DC** & Neighbors. *Insight Before We Act: Exploring What "Mental Health" Means to Young Black Men*. On the panel titled "A Developmental Look at the Intersection of Race and Gender in Psychopathology" of the 2008 Society for Research on Adolescence, Biennial Meeting in Chicago, Illinois, March 6-9, 2008.
9. **Watkins, DC** & Wallace, PM. *SOPHE Resolution Development Process*. Society for Public Health Education Midyear Scientific Conference. Chicago, IL, May 21-24, 2008.
10. **Watkins, DC**, Hudson DL, Caldwell CH, & Siefert K. *The Influence of Life Satisfaction, Self-Esteem, and Mastery on the Mental Health of African American Men at Young, Middle, and Late Adulthood*. Robert Wood Johnson Foundation New Connections Second Annual Symposium at the 2008 Academy Health annual research meeting in Washington D.C, June 7-9, 2008.
11. **Watkins, DC**. *Age-Linked Life Stages and the Mental Health Margins of Black Men*. American Men's Studies Association 17th Annual Conference: Beyond Borders: Masculinities and Margins. Montreal, Canada, April 3-5, 2009.

12. **Watkins, DC.** *Discrimination, Mastery, and Depressive Symptoms among African American Men.* Society for Social Work Research 15th Annual Conference: Emerging Horizons for Social Work Research. Tampa, Florida, January 12-16, 2011.
13. Jefferson, SO, King, AN, & **Watkins, DC.** *Cuddled or coddled: The relationship between black men and the black women in their lives.* American Men's Studies Association 20th Annual Conference. Minneapolis, MN, March 30-April 1, 2012.
14. Johnson-Lawrence, V, Griffith, DM, & **Watkins, DC.** *Race, financial stress and co-morbid mental and physical health conditions among men.* 140th American Public Health Association Annual Meeting. San Francisco, CA, October 27- 30, 2012.
15. Mitchell, JA & **Watkins, DC.** *Social Determinants Associated with Colorectal Cancer Screening in an Urban Community Sample of African American Men.* Society for Social Work Research 17th Annual Conference. Sheraton San Diego Hotel and Marina, San Diego, CA, January 16-20, 2013.
16. **Watkins, DC,** Kawaii-Bogue, B, & Mitchell, JA. *Aging African American men and the social determinants of their physical and mental health outcomes.* Part of the panel titled "Physical & mental health outcomes of black men." American Men's Studies Association 21st Annual Conference. Ann Arbor, MI, April 4-7, 2013.
17. Johnson-Lawrence, V, Griffith, DM, & **Watkins DC.** *Race, financial stress and mental and physical health conditions among men.* American Men's Studies Association 21st Annual Conference. Ann Arbor, MI, April 4-7, 2013.
18. **Watkins, DC.** *A mixed methods study of family support and distress among older, church-going African American men.* Mixed Methods International Research Association Inaugural Conference, Boston, MA, June 27-29, 2014.
19. **Watkins, DC.** *Lessons learned from the implementation and evaluation of an online mixed methods research continuing education program for social workers.* Mixed Methods International Research Association Inaugural Conference, Boston, MA, June 27-29, 2014.
20. **Watkins, DC.** [Symposium Discussant]. *The doors of the church are open: Contextualizing black churches as a place and space for mental health and longevity among African Americans.* Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.
21. Akinyemi, E, **Watkins, DC,** Kavanagh, J, Johnson-Lawrence, V, Lynn, S, & Kales, HC. "Interpreting language used by older African Americans to describe depression in light of DSM criteria" presented as part of the symposium entitled: *The doors of the church are open: Contextualizing black churches as a place and space for mental health and longevity among African Americans.* Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.
22. Mitchell, JA, Wharton, T, **Watkins, DC,** & Kales HC. "'There's no depression in the walk': A qualitative analysis of how older black women define and discuss depression in the context of their spirituality" presented as part of the symposium titled: *The doors of the church are open: Contextualizing black churches as a place and space for mental health and longevity among African Americans.* Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.

23. **Watkins, DC**, Wharton, T, Mitchell, JA, Matusko, N, & Kales, H. "A mixed methods study of family support and mental health outcomes among older, church-going African American men" presented as part of the symposium titled: *The doors of the church are open: Contextualizing black churches as a place and space for mental health and longevity among African Americans*. Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.
24. Wharton T, **Watkins, DC**, Mitchell, JA, & Kales, HC. "'Oh I'm not going to discuss this with him': Older African-American church community members' expectations of formal mental health care providers" presented as part of the symposium titled: *The doors of the church are open: Contextualizing black churches as a place and space for mental health and longevity among African Americans*. Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.
25. Mitchell, JA, & **Watkins, DC**. *Self-reported depression and emotional distress for older African American men across intersecting contexts*. Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.
26. Mitchell, JA, Shires, DA, **Watkins, DC**. *Oncologists overlook older African American Men's psychosocial needs after a new cancer diagnosis*. Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.
27. Allen, JO, **Watkins DC**, & Goodwill JR. *Black college men's perceptions of mental health and depression: Preliminary findings from the Young Black Men, Masculinities, and Mental Health (YBMen) Study*. American Public Health Association (APHA) Annual Meeting. Chicago, IL, October 31-November 4, 2015.
28. Allen, JO, Griffith, DM, & **Watkins, DC**. "It really relies on the wife to get men to eat healthy": African American men's and women's perceptions of how wives influence men's eating behavior and dietary health. American Public Health Association (APHA) Annual Meeting. Chicago, IL, October 31-November 4, 2015.
29. **Watkins, DC**, Allen, JO, & Goodwill, JR. *A Facebook Intervention to Improve Mental Health and Social Support for Young Black Men: The Young Black Men, Masculinities, and Mental Health (YBMen) Project*. Society for Social Work Research 20th Annual Conference. Washington, DC, January 14-18, 2016.
30. **Watkins, DC**. *Family support for psychological distress among older, church-going African American men: A modified mixed methods design*. Resource Centers for Minority Aging Research (RCMAR) Annual Meeting. Bethesda, MD, April 25-27, 2016.
31. Bidwell, L., **Watkins, DC.**, Helton, J., & Gioia, D. *Mixed Methods in Social Work: Enhancing Education, Research, and Practice*. Council on Social Work Education (CSWE) Annual Program Meeting. Atlanta, GA, November 3-6, 2016.
32. Goodwill, JR. & **Watkins, DC**. *How Does Media Influence Young Black Men's Conceptualization of Masculinity? Findings from the YBMen Project*. Society for Social Work Research 21st Annual Conference. New Orleans, Louisiana, January 11-15, 2017.

33. **Watkins, DC.** *The Nuts and Bolts of Developing a Strong Book Proposal for the Mixed Methods Series.* Mixed Methods International Association Regional Conference in the Caribbean. Montego Bay, Jamaica, March 15 – 17, 2017.
34. Goodwill, JR, **Watkins, DC,** & Mattis, J. *Masculinity and Depression in Black College Men.* American Men's Studies Association 25th Annual Interdisciplinary Conference. Ann Arbor, Michigan, March 31 – April 2, 2017.
35. Johnson, NC & **Watkins, DC.** A Masculinity and Mental Health Scale for Young Black Men: Findings from an Exploratory Factor Analysis. Society for Social Work Research 22nd Annual Conference. Washington, DC, January 14-18, 2018.
36. Goodwill, JR, Allen, JO, & **Watkins, DC.** "What Does Race Mean to Young Black Men? Findings from the YBMen Project". Presented as part of the symposium titled: *To be Young & Black: Using Intervention to Examine How Black Parents and Youth Make Meaning of Racialized Experiences.* Society for Social Work Research 22nd Annual Conference. Washington, DC, January 14-18, 2018.

Conference Presentations (Poster)

1. **Watkins, DC,** Green, BL, & Rivers, B. *Center for the Study of Health Disparities: Inequalities in Health, Opportunities for Change,* Health Services & Outcomes Research Conference, Houston, Texas, November 3, 2003.
2. Rivers, B, Green, BL, Kohler, C, **Watkins, DC,** Rivers, D, & Rowell, K. *An assessment of the relationship of socio-demographic factors, prostate cancer knowledge and perceived readiness to participate in the informed decision making process for prostate cancer,* American Academy of Health Behavior, Charleston, SC, Feb. 21-23, 2005.
3. **Watkins, DC,** Green, BL, & Rivers, B. *Depressive Symptoms in Black Men: Using Theory to Plan a Help Seeking Program for Black, Male University Students,* 19th National Conference on Chronic Disease Prevention and Control (CDC), Atlanta, Georgia, March 1-3, 2005.
4. Rivers, D, Rivers, B, **Watkins, DC,** Rowell, K, & Green, BL. *Self-management education among African-American persons with Type 2 Diabetes: A literature review,* Student Research Week. Texas A&M University, College Station, TX, March 29, 2005.
5. **Watkins, DC,** Rivers, D, Green, BL, Rivers, B, & Rowell, K. *Factors that Lead to Depression among Black Men: A Systematic Review of the Literature from 1984 to 2004,* Society for Public Health Education (SOPHE) Mid-year Scientific Conference, Boston, MA, April 13-16th 2005.
6. Rivers, B, Green, BL, **Watkins, DC,** Rivers, D, & Rowell, K. *Eliminating prostate cancer disparities: Implications for enhancing target health communication in minority populations.* American Cancer Society Disparities Conference, Atlanta, GA. April 2005.
7. Rowell, K, Rivers, D, **Watkins, DC,** Rivers, B, & Green, BL. *Perceived racism as a stressor in suicide attempts among African Americans.* Association of Black Psychologists, Miami Beach, FL, August 9-14, 2005.

8. **Watkins, DC**, Green, BL, & Stanley, C. *The Health of African American Male Students at Historically Black Colleges and Universities: Is There Limited Research?* 4th International Conference on Urban Health, Toronto, Canada, October 26-28, 2005.
9. Rivers, B, Green, BL, Rowell, K, **Watkins, DC**, Rivers, D, & Robledo, M. *A transdisciplinary approach to career development and training of health disparities researchers*. American Public Health Association Annual Conference. Philadelphia, PA, December 8-10, 2005.
10. Green, BL, Dorman, S, Rivers, B, **Watkins, DC**, Rivers, D, & Rowell, K. *Development of a research center within an academic setting to coordinate and build infrastructure to conduct health disparities research*. American Public Health Association Annual Conference. Philadelphia, PA. December 8-10, 2005.
11. Rivers, D, Rivers, B, Green, BL, Rowell, K, **Watkins, DC**, & Arekere, D. *Race-based Research: Mayhem or Miracle?* American Public Health Association, Philadelphia, PA. Dec. 8-10, 2005.
12. Rivers, D, Rivers, B, **Watkins, DC**, Green, BL, Rowell, K, Louis, R, & Robledo, M. *Self-management Education among African-Americans with Type II Diabetes: A Literature Review*, Society for Public Health Education's (SOPHE) 56th Annual Meeting in Philadelphia, PA, December 8-10, 2005.
13. **Watkins, DC**, Rivers, D., Rowell, K, Green, BL, & Rivers, BM. *A Closer Look at Effect Sizes and Their Relevance to Health Education*. American Academy of Health Behavior, Carmel, CA, March 5-8, 2006.
14. **Watkins, DC** & Johnson, TRB. *The Gender Specification and Cultural Sensitivity of Depression Research with Black Americans: A Multidimensional Model*. Fifth Annual Interdisciplinary Women's Health Research Symposium in Rockville, MD, November 17-19, 2008.
15. Jefferson, SO, & **Watkins, DC**. Using School-Based Health Centers to Improve Mental Health Outcomes for Black Youth in Foster Care. University of Illinois at Chicago-School of Public Health: *The Promise of Health Equity: Advancing the Discussion to Eliminate Disparities in the 21st Century*, Feb. 25, 2011.
16. **Watkins, DC** & Kawaii-Bogue, B. *Depressive symptoms among aging African American men: Preliminary findings from a mixed methods study of social and cultural contexts*. The 2012 Resource Centers for Minority Aging Research Conference. San Francisco, California, March 14-17, 2012.
17. Akinyemi, E, **Watkins, DC**, Lynn, S, Kavanagh, J, & Kales, HC. (2012). *Attitudes of church going older African Americans to depression and depression care*. American Association of Geriatric Psychiatry Annual Meeting. Washington, D. C., March 14-17 2012.
18. **Watkins, DC** & Kawaii-Bogue, B. *Depressive symptoms among aging African American men: A mixed methods study of social and cultural contexts*. Gerontological Society of America Conference. San Diego, California, November 14-17, 2012.
19. Page, AJ, **Watkins, DC**, & Mitchell, JA. *Sudden death of male athletes: Should further health screenings beyond yearly physicals become mandatory?* American Men's Studies Association 21st Annual Conference. Ann Arbor, MI, April 4-7, 2013.
20. Wharton, T, Mitchell, JA, **Watkins, DC**, & Kales, HC. *"Oh I'm not going to discuss this with him": Older African-American women's expectations of formal mental health care providers*. American Association for Geriatric Psychiatry Annual Meeting. Orlando, FL, March 14-17, 2014.

21. Jefferson, SO, **Watkins, DC**, & Mitchell, JA. *Coddling Boys and Cultivating Girls: Black Women discuss their Perceptions of Gender Differences in Parenting Practices*, American Men's Studies Association 22nd Annual Conference. Tacoma, Washington, March 26-29, 2014.
22. Allen, JO & **Watkins, DC**. *An Intersectional & Contextual Analysis of Disparities in U.S. Men's Physical Activity*, American Men's Studies Association 22nd Annual Conference. Tacoma, Washington, March 26-29, 2014.
23. Mitchell, JA, Mountain, S, & **Watkins, DC**. *Black Men, Masculinity, and Cancer in Context: A Review of the Literature*, American Men's Studies Association 22nd Annual Conference. Tacoma, Washington, March 26-29, 2014.
24. Goodwill, J & **Watkins, DC**. *Black Men Commit Suicide Too: An Analysis of the News and Social Media's Reports on Black Male Suicide*, American Men's Studies Association 22nd Annual Conference. Tacoma, Washington, March 26-29, 2014.
25. Allen, JO & **Watkins, DC**. *Relationships between chronic health conditions, functional limitations, and psychological distress among Black and White men*. 142nd American Public Health Association Annual Meeting and Exposition. New Orleans, LA, November 15 - 19, 2014.
26. Goodwill, J & **Watkins, DC**. *Mo Money, Mo Problems: Racial Differences in Arrests Rates for Violent Crimes Among Black Players in the National Football League*. Society for Social Work Research 20th Annual Conference. Washington, DC, January 14-18, 2016.
27. Goodwill, J & **Watkins, DC**. *Media representations and mental health among black college men: Findings from the Young Black Men, Masculinities, and Mental Health (YBMen) Project*. Depression on College Campuses Conference, Ann Arbor, Michigan, March 9-10, 2016.
28. Goodwill, JR, Johnson, NJ, Allen, JO, & **Watkins, DC**. *How Do Young Black Men Cope with Mental Health Challenges? Findings from the YBMen Project*. Society for Social Work Research 21st Annual Conference. New Orleans, Louisiana, January 11-15, 2017.
29. Allen, JO, Goodwill, JR, Anyiwo, N, & **Watkins, DC**. *How race affects mental health of black men: Voices from the Young Black Men, Masculinities, and Mental Health (YBMen) Project*. American Men's Studies Association 25th Annual Interdisciplinary Conference. Ann Arbor, Michigan, March 31 – April 2, 2017.
30. Goodwill, JR & **Watkins, DC**. *Does Adherence to Masculine Norms Predict Depressive Symptoms in Black College Men?* Society for Social Work Research 22nd Annual Conference. Washington, DC, January 14-18, 2018.

Invited, Keynote, and Plenary Presentations

1. **Watkins, DC**. *Depression among Black Men in a Rural Community in Southern Texas*. NIMH/UNM Mental Health Mentorship and Education Program Training Institute, Albuquerque, New Mexico, March 21- 25, 2005.
2. **Watkins, DC**. *The Mental Health of Young Black Men: The Impact of Stressful Life Events*. University of Texas of the Permian Basin Minority Scholars Program, March 14-16, 2006.

3. **Watkins, DC.** *Life Events and their Impact on the Mental Health of Young Black Men: A Qualitative Study.* NIMH/UNM Mentorship and Education Program Training Institute in Mental Health Services Research, Albuquerque, New Mexico, March 20- 24, 2006.
4. **Watkins, DC.** *Public Speaking and the Media.* NIMH/UNM Mentorship and Education Program Training Institute in Mental Health Services Research, Albuquerque, New Mexico, March 20- 24, 2006.
5. **Watkins, DC.** *Black College Men and Mental Health: A Time for Action.* Southwestern Black Student Leadership Conference (SBSLC). College Station, Texas, January 18-21, 2007.
6. **Watkins, DC.** *Public Speaking.* NIH/UNM Mentorship and Education Program Training Institute in Mental Health Services Research, Albuquerque, New Mexico, August 13-17, 2007.
7. **Watkins, DC.** *Media and Cultural Stereotypes.* NIH/UNM Mentorship and Education Program Training Institute in Mental Health Services Research, Albuquerque, NM, August 13-17, 2007.
8. **Watkins, DC.** *Issues of Gender and Health: What does it mean to be Minority and Male?* NIH/UNM Mentorship and Education Program Training Institute in Mental Health Services Research, Albuquerque, New Mexico, August 18-22, 2008.
9. Hunt, JB & **Watkins, DC.** *Beyond the Survey: Achieving Better Understanding of Campus Mental Health Services and Policy Using Qualitative Data.* Depression on College Campuses Conference, University of Michigan, Ann Arbor, Michigan, March 18-19, 2009.
10. **Watkins, DC.** *When your mind's made up: An exploratory study of college mental health and the black male experience.* Depression on College Campuses Conference, Ann Arbor, Michigan, March 9-10, 2010.
11. **Watkins, DC.** New Connections Grantee Panel. Society for Social Work Research 15th Annual Conference: Emerging Horizons for Social Work Research. Tampa, Florida, January 12-16, 2011.
12. **Watkins, DC.** U-M Depression Center Bright Nights Community Forum, *Partnering for Research: The Search for New Knowledge in Mental Health Treatment.* Ann Arbor, Michigan, November 15, 2011.
13. **Watkins, DC** & Wentzell. E. *Personal and Professional Reflexivity of Women who Study Men,* A pre-conference workshop for the American Men's Studies Association's 20th Annual Interdisciplinary Conference, Minneapolis, MN, March 29-April 1, 2012.
14. **Watkins, DC.** *Depression in Black Men: From reflections of their past to re-inventing their future.* University of Michigan Department of Psychiatry Grand Rounds in honor of Dr. Martin Luther King, Jr. January 23, 2013.
15. **Watkins, DC.** *The Mental Health of Black Men.* Panelist at the Brown Chapel AME Church Health Fair, Saturday, March 23, 2013.
16. **Watkins, DC.** *Depression in Black Men: Past, present, and future.* Keynote presentation given at The Ohio State University's Diversity Health Week, Wednesday, April 9, 2014.

17. **Watkins, DC.** *Is making it to college enough? Masculinities, stress, and success among black college men.* Harold A. Korn "Final Friday" Series on College Student Mental Health. Counseling and Psychological Services (CAPS) Office, University of Michigan. October 31, 2014.
18. **Watkins, DC.** *The Young Black Men, Masculinities, and Mental Health (YBMen) Project.* Presented for the Transdisciplinary Center for Health Equity Research. April 10, 2015.
19. **Watkins, DC.** *Black men: An endangered species?* Opening panel presentation at the Association for Black Psychologists Annual Convention. Las Vegas, NV. July 23-26, 2015.
20. **Watkins, DC.** *It's your time: Inspiring leadership, achievement, and self-esteem.* Women of Color Leadership Conference. Jackson College, Jackson, Michigan. April 16, 2016.
21. **Watkins, DC.** *Using mixed methods in research and evaluation.* Evaluation Café Presentation at Western Michigan University. April 20, 2016.
22. **Watkins, DC.** Turning your mixed methods thesis or dissertation into publications. Michigan Mixed Methods Research and Scholarship Program (M3RSP). University of Michigan Department of Family Medicine. July 14, 2017.
23. **Watkins, DC.** *The gender epidemic: What to do when the diagnosis is clear but the treatment is not.* Radcliffe Institute Science Symposium. Harvard University. October 27, 2017.
24. **Watkins, DC.** *The YBMen Project to Improve Mental Health, Masculinities, and Social Support for Young Black Men.* University of Toronto, School of Social Work. November 9, 2017.
25. **Watkins, DC.** *The Social Evolution of Young Black Men: Understanding Mental Health, Manhood, and Social Support through the YBMen Project.* Black Center for AIDS Prevention (Black CAPTO). November 10, 2017.
26. **Watkins, DC.** *From Angry Black Men to #BlackBoyJoy: The Evolution of Mental Health and Manhood Among Young Black Men.* Columbia Populations Research Center. Columbia University. December 7, 2017.
27. **Watkins, DC.** *I Dream A World...* Presentation for the 2nd Annual "Brief and Brilliant" Session. Society for Social Work Research 22nd Annual Conference. Washington, DC, January 14-18, 2018.

National, Regional, and Local Media Presentations

1. **Watkins, DC & Rowell, K.** "Mental health and minority populations," Live radio interview on Brazos Valley Health, KEOS 89.1, College Station, Texas, Radio Interview, May 12, 2005.
2. **Watkins, DC.** "The increased demand for psychological services on college campuses." Radio interview with NPR Science and Health Office. October 13, 2009.
3. **Watkins, DC.** "Depression in black men." Interview with Tampa, Florida's WTBN AM 570 & 910 Community Conversations, The TRIO. July 7, 2012.
4. **Watkins, DC.** "The crisis of men's studies." Live radio interview on NPR's Tell Me More show with Michel Martin. April 24, 2014.

MEDIA COVERAGE

October 9, 2009: NPR interviewed me about college mental health.
<http://www.npr.org/templates/story/story.php?storyId=114055588>

October 14, 2010: I was featured in a news story by the Robert Wood Johnson Foundation New Connections program. <http://www.rwjf-newconnections.org/newsroom/14>

May 24, 2011: My research was featured in a *Michigan News* press release titled “African-American men who feel ‘in control’ are less likely to experience depressive symptoms.”
<http://ns.umich.edu/htdocs/releases/story.php?id=8415>

June 6, 2012: I was interviewed by the UM Depression Center about my work with Black men and depression. I was one of 11 Depression Center members to be featured on the Depression Center website. <https://www.youtube.com/playlist?list=PL510C52DC97560BCF>

April 5, 2013: I was elected President of the American Men’s Studies Association and featured on this international organization’s website. <http://mensstudies.org/?p=4902>

April 24, 2014: NPR interviewed me about my research on and leadership in men’s studies.
<http://www.npr.org/2014/04/24/306445004/first-lady-of-mens-studies-says-passion-is-key>

April 14, 2014: *The Chronicle of Higher Education* quoted me about my leadership in the field of men’s studies. <http://chronicle.com/article/4-Decades-After-Its-Founding/145873/>

August 8, 2015: I was quoted in the *New York Times* article titled “A Master’s Degree...in Masculinity?”
<http://mobile.nytimes.com/2015/08/09/fashion/masculinities-studies-stonybrook-michael-kimmel.html?smid=tw-nytimes&r=2&referrer>

December 17, 2015: My research was featured in the story “Facebook, data and the battle against institutional racism” in *The Concentrate* Ann Arbor.
<http://www.secondwavemedia.com/concentrate/features/YBMenUMResearch0351.aspx>

May 4, 2016: My research was featured in a *Michigan News* press release titled “Trauma exposure linked to African Americans, criminal justice system.”
<http://ns.umich.edu/new/releases/23790-trauma-exposure-linked-to-african-americans-criminal-justice-system>

July 27, 2017: My research was mentioned in this *Huffington Post* article titled “#YouGoodMan: Black Men and Mental Health.” https://www.huffingtonpost.com/entry/yougoodman-black-men-and-mental-health_us_5951de6ae4b0c85b96c65c3d

November 25, 2017: My research was mentioned, and I was quoted, in this *NBC News* article “Hip-hop works to break down mental health stigma for black men” <https://www.nbcnews.com/pop-culture/music/hip-hop-works-break-down-mental-health-stigma-black-men-n819461>

UNIVERSITY LEADERSHIP AND SERVICE

University of Michigan School of Social Work

- **Member**, Dean's Senior Management Team (Spring 2017 – present)
- **Member**, Associate Dean for Educational Programs (ADEP) Team (Winter 2017 – present)
- **Member**, Joint Doctoral Program Supervising Committee (Winter 2017 – present)
- **Member**, Faculty Allies for Diversity Committee (Fall 2016 – present)
- **Chair**, Doctoral Committee - Member (Fall 2015 – Fall 2016; Winter 2017 – present))
- **Member**, New Leaders in African-Centered Social Work, Advisory Board (Fall 2015-present)
- **Member**, Multicultural & Gender Affairs (Winter 2012 – Fall 2013)
- **Member**, Executive Committee (Fall 2011; Fall 2013 – Winter 2015)
- **Member**, Academic Concerns Committee (Fall 2009 – Winter 2011)
- **Academic Advisor**, MSW Program (Fall 2009 – present)

University of Michigan School of Public Health

- **Member**, Internal Advisory Committee, Center for Research on Ethnicity, Culture, and Health (CRECH), (Winter 2017 – present)

University of Michigan College of Literature, Sciences, and the Arts

- **Member**, Department of Psychology, Area Chairs Council (Winter 2017 – present)

NATIONAL LEADERSHIP AND SERVICE

- **Advisor**, Active Minds Emerging Scholars Fellowship Program (2016-2017)
- **Member**, American Psychological Association (APA) Working Group on Health Disparities in Boys and Men (2013 – present)
- **Academic Advisor/Mentor**, American Evaluation Association (AEA) Graduate Education Diversity Internship Program (2011-2012)
- **Conference Planning Committee**, American Men's Studies Association (AMSA) -- Chair (2012 & 2013); Member (2011 & 2014)
- **Senior Mentor/Coach**, National Research Mentoring Network, Grant-writing Uncovered Maximizing Strategies Help, Opportunities Experiences (GUMSHOE) Program (2016 – 2017)
- **Co-Chair**, Resolutions Committee, Society for Public Health Education (SOPHE) (2007-2010)
- **Conference Abstract Reviewer**, Society for Social Work Research (2012, 2013, 2014, & 2015)
- **Co-Chair for Abstract Cluster on Gender**, Society for Social Work Research (2013-2015)

INTERNATIONAL LEADERSHIP AND SERVICE

American Men's Studies Association (AMSA)

- President (2013 – 2017)
- Vice President (2011-2013)
- Board of Directors, Member (2010 - 2018)

International Journal of Men's Health (IJMH)

- Associate Editor (2015 – 2017)

PROFESSIONAL ASSOCIATIONS

American Men's Studies Association (AMSA), 2008-present

Black Administrators, Researchers, and Scholars (BARS), 2017 - present

Council on Social Work Education (CSWE), May 2016 - present

Group for the Advancement of Doctoral Education (GADE), 2017 - present

Mixed Methods International Research Association (MMIRA), 2014- present

National Women's Studies Association (NWSA), 2017 – present

Society for the Psychological Study of Men and Masculinity (SPSMM; APA- Division 51), 2009-present

Society for Social Work and Research (SSWR), 2009 - present

AD HOC REVIEWER

Peer – Reviewed Journals (From 2003 – present)

American Journal of Men's Health; American Journal of Public Health; Community Mental Health Journal; Health Promotion Practice; International Journal of Men's Health; Journal of Black Psychology; Journal of Health Psychology; Journal of Men's Health and Gender; Journal of Men's Studies; Journal of Mixed Methods Research; Journal for the Society of Social Work Research; Psychology of Men and Masculinity; Psychology of Women Quarterly; Qualitative Research in Psychology; Qualitative Social Work; Social Work Education; Social Work in Health Care; Social Work and Mental Health; American Journal of Orthopsychiatry; Sex Roles; Field Methods

Grant/Proposal Reviewer

National Institutes of Health

- **Member**, Early Career Review program (July 2014 – present)

Canadian Institutes of Health Research (CIHR), Team Grant: Boys' and Men's Health

- **Member**, Peer review committee (February 2014 – present)

JOURNAL EDITOR POSITIONS

Associate Editor

- *International Journal of Men's Health* (February 2015 – 2017)

Editorial Board Member

- 2010 American Men's Studies Annual Review, Volume II
- *International Journal of Men's Health* (August 2010 – January 2015)
- *Journal of Men's Studies* (January 2011 – present)
- *Journal of Ethnic and Cultural Diversity in Social Work* (September 2017 – present)

Editorial Consultant

- *Psychology of Men and Masculinity* (July 2013 – present)
- *American Journal of Orthopsychiatry* (January 2015 – present)

Guest Editor for Peer-reviewed Journal Special Issues

- *International Journal of Men's Health*, "Practical solutions to address men's health disparities" Co-Edited with Derek M. Griffith (Fall 2013 issue)
- *Journal of Men's Studies*, "Intersections of race, gender, and class in the wake of a crisis: The state of boys and men of color post-Ferguson" Co-Edited with Desmond Patton and Reuben Miller (Summer 2016 issue)

PUBLIC & COMMUNITY SERVICE AFFILIATIONS

Delta Sigma Theta Sorority, Incorporated

- Diamond Life Member
- Delta GEMS mentoring program (focus on African American high school girls)
 - Advisor, 2007 – 2015
 - Mentor, 2015 – 2017

REFERENCES

Available upon request